



2019 Lawndale Swim & Tennis Club Member Handbook

Welcome to Lawndale Swim & Tennis Club – the best summer community in Greensboro! We thank you for your membership and look forward to another season of fun and family. The following rules and regulations are for the protection and benefit of all members and guests of the pool facilities and are designed to assure safe and sanitary operation of your pools and facilities. Please be aware that we are required to comply with all local and state health and safety guidelines.

POOL HOURS

- Main pool hours: Monday–Saturday 11:00 am–9:00 pm, Sunday 12:00 pm–8:00 pm.
- The toddler pool will open at 9:00 am Monday–Friday on days when there are swim team practices. The staff will continue to open the toddler pool early post-swim team season if there is demand.
- Floats are only allowed in the pool on Family Float Nights: Friday nights 6:00–10:00 pm.
- The pool shall be available for swim team practices 7:30–11:00 am Monday–Friday and 8:30–10:30 am Saturdays during swim team season. Parts of the pool shall be available for swim team practice 5:30–7:30 pm Mondays–Thursdays as determined by the swim team coach and committee.
- One lane of the pool will be made available for lap swim on Monday and Wednesday evenings from 6:00–7:00 pm. Interested swimmers should alert a lifeguard that they are there for lap swim.
- The pool shall be closed to all children under age 16 for a 10 minute “rest period” every hour.
- Use of the pool may be temporarily suspended for special events, swim meets, or when the weather or other situations dictate. The pool shall reopen after such a suspension unless it lasts until after 7:30 pm. Such suspensions will be announced via RainedOut and on social media pages.
- Inclement Weather Policy: If thunder or lightning are spotted lifeguards will require swimmers to vacate the pool. Swimmers are allowed back into the pool when there has been no thunder or lightning for 30 minutes.

MEMBERSHIP CARDS

- One membership card will be issued per pool membership on Opening Day of the pool or once annual fees are paid in full. This card, or a photo of it, must be presented at the guard shack upon entering *every time*. In addition, all members **MUST SIGN IN** at the guard shack as they enter.
- **A fine of \$25 will be levied on any member if he, she, or any dependent knowingly allows a non-member to use a member’s card.** Repeat offenses may result in the loss of membership. Identification may be required in addition to presenting membership cards.
- There is a \$3 charge for replacement of a lost membership card.

GUESTS

- All guests will be charged a fee of \$5. This requirement is waived for children less than one year of age accompanied by an adult. Guest fees do not apply to babysitters/nannies caring for children who are members, once they have registered at the guard shack.
- Each membership shall be entitled to 20 in-town guests during a swim season. It is the member's responsibility to register guests with the person on duty at the guard shack. Guest fees apply as noted above. Out-of-town guests will be allowed when arranged by an adult member. Guest fees apply. There is no limit to the number of out-of-town guests that may visit.
- Members may request the purchase of a Guest Card for \$50. This card will permit one free guest per day for the current season when presented at sign-in at the guard shack. This card may only be used by the family who purchased it and may not be applied to birthday parties or used on July 4th.
- Guest privileges may be suspended at the discretion of the manager on duty.
- **Guests are not allowed on July 4th unless approved by the pool manager in advance.**

REFERRAL PROGRAM

Members are entitled to receive a credit to their account of \$30 for swim memberships and \$15 for tennis memberships when a new member notes the name of the referring member on his/her membership application form. Referral credits will be applied to the next invoice.

GENERAL RESPONSIBILITIES

- **Members are responsible for ensuring that their children and guests observe all rules and obey all instructions of the lifeguards and other pool attendants.** Failure to comply with these rules shall be considered sufficient cause for suspension of privileges. We remind all members that in addition to these rules and regulations, all members and their guests must abide by the Lawndale Swim & Tennis Club by-laws, which will be made available upon request.
- To provide a family atmosphere for all, abusive/profane language and excessive public displays of affection will not be allowed.
- The cost of any property damage or expense incurred through violation of the operating rules by a member or members of his/her household will be charged to the member responsible. The association will not be responsible for loss or damage to personal property.

POOL AREA

The pool area is the fenced-in portion of the Club grounds surrounding the main pool and toddler pool. Any rules or procedures, mentioned here or not, are implemented by the Pool Manager and staff and are supported by the Lawndale Board of Directors. The Club Management reserves the right to dismiss, suspend, or prohibit from the facility any member or guest whose presence is believed to be endangering the health, safety, or pleasure of other members or otherwise detrimental to the membership or to club property.

PARTY RESERVATIONS

The clubhouse or specified areas around the pool may be reserved for parties. The reservation form can be found on Lawndale's website. We ask that signage indicating reserved areas please be respected.

GENERAL POOL RULES

- At no time will there be any use of the pool except when lifeguards are on duty.
- The lifeguards and management are in complete charge and reserve the right to deny use of the pool to anyone at any time.
- We reserve the right to first warn and then discipline children for breaking rules.
- All persons using the pool do so at their own risk. Neither the Club nor its management are responsible for accidents or injuries.
- All children under 12 years of age must be accompanied by an adult. Children ages 12 and up who are unable to swim must also be supervised by an adult.
- All persons should shower before entering the pool.
- Persons with skin eruptions, open sores, adhesive bandages, and the like are not permitted in the pool for sanitary reasons.
- Children should use the bathroom facilities before entering the pool.
- All children who are not toilet trained must wear a diaper and plastic pants with snug fitting legs. Plastic pants may be purchased from the guard house for \$2.
- If bodily fluids or bodily waste get into the pool, Guilford County Health Department guidelines require the pool to shut down so staff can treat and filter the pool water before reopening.
- All swimmers must wear swimsuits that are specifically made for swimming or are made of athletic material. Jeans, cut-offs, sweat pants, street clothes, etc. are not allowed in the pool as they may clog the filter.
- Absolutely no smoking or vaping is allowed on the premises except where specifically designated outside of fenced areas.
- No food is permitted within 3 feet of the pool.
- NO GLASS OR OTHER BREAKABLES ARE ALLOWED EVER. This is per NC law.
- RUNNING IS NOT PERMITTED except in grassy areas and outside the fenced area.
- No wrestling, dunking, spitting, or pushing others into the pool is permitted.
- Water guns may NOT be used in the pool or on the pool deck. They may be used only in the grass, at the lifeguards' discretion, and may occasionally be refilled from the pool.
- All accidents and injuries that occur on Club grounds must be reported immediately to the Pool Manager.
- Any misconduct or infraction of these rules should be reported to the Pool Manager.
- The Board of Directors requests that no member reprimand any employee. Any complaints regarding an employee should be directed to the Pool Manager/Assistant Manager or a member of the Board of Directors.
- All persons using the Club are strictly responsible for proper disposal of their debris in the containers provided.
- On busy days we ask that chairs not be reserved for children under the age of 12 to ensure sufficient seating for adult members.
- No skateboards, bicycles, or similar types of vehicles are allowed to be ridden inside the pool area. Please use the bike racks located outside the fenced area.
- No pets are allowed with the exception of participation in the Drool in the Pool at the end of the season once the pool is otherwise closed.
- The speed limit on Club property is 10 mph. Please observe this limit for the safety of everyone.

SPECIFIC SWIMMING RULES

ENTERING THE POOL

- Diving is only permitted in the deep end of the pool. NO DIVING IS PERMITTED IN THE SHALLOW END.
- Swimmers must not jump or dive in toward or at another swimmer.

SWIMMING RULES

- Swimmers may not jeopardize the safety or security of other swimmers. The lifeguards have ultimate authority in determining what constitutes unsafe behavior.
- Swimmers must stay clear of the lifeguard chairs. Distracting the attention of the lifeguard is prohibited. Lifeguards are on duty to enforce rules for everyone's safety and to respond to emergencies. Please obey their requests.
- No one is allowed to sit or stand on another person's shoulders, head, or neck while in the pool or pool area. The one exception is a parent with an infant on his/her shoulders while in the pool.
- Swimmers may not throw another swimmer. (Parents may toss children but may not flip them.)
- Tennis balls, footballs and other hard throwing objects are not allowed. Splash balls, NERF balls, beach balls, and other soft throwing objects will be allowed.
- Hanging on the rope is not allowed.

DIVING BOARD/DIVING AREA

- Only one person is allowed on a diving board at a time.
- Only one bounce on the diving board is permitted per jump/dive.
- Running on the diving boards is not permitted.
- Swimmers must leave the diving board "feet first" and may not sit down to go off the board.
- Swimmers may not hang from the diving board.
- Swimmers may not play on the diving block or the water spout.
- Divers must jump straight out from the end of the board...never to the side.
- "Turn around" back flips are not allowed.
- Divers must swim immediately to the ladder and exit the diving area from the nearest ladder.
- The next diver must wait until the previous diver has touched the ladder before he/she can leave the diving board.
- The diving boards will be closed periodically to allow for open swim in the deep end. These times will be at the discretion of the lifeguards.
- No swimming is permitted in the diving area unless the diving boards are closed.
- No flotation devices are allowed to be used from the diving board at any time.
- Children who cannot swim one full lap of the pool may not swim in the diving area unless accompanied by an adult.

FLOTATION DEVICES

- Floats are allowed only on Family Float Nights, which are Fridays from 6:00–10:00 pm.
- Flotation devices, including life vests, are not allowed in the diving area except on Float Nights. This includes noodles. Adults may use noodles in the deep end during rest periods.
- Small rings are permitted only for children less than two years of age who are accompanied by an adult.
- Swimming aids (e.g., water wings, life vests) are not permitted in the main pool except by a child who is supervised by an adult.
- Slapping noodles on the surface of the water or the deck and “fighting” with noodles are not permitted.
- Exceptionally large rafts, boats, or other flotation devices may be restricted at the discretion of the lifeguards on duty.
- Flotation devices must be mounted in the water away from the wall at all times.

ADULT SWIM

- Adult swim, or “rest period,” will occur for 10 minutes every hour starting at 10 minutes before the hour (e.g., 1:50-2:00 pm).
- The pool length will be available for lap swim during rest periods.
- Adult swim is for those ages 16 years and older.
- Children may not sit in the splash gutters during rest period. They must be completely out of the pool on the concrete deck.

TODDLER POOL RULES

- No lifeguard is on duty at the toddler pool.
- All children using the toddler pool must be accompanied by a parent or caregiver at all times.
- No one over 6 years of age is allowed in the toddler pool with the exception of parents/caregivers who are supervising younger children and who are at least 12 years of age and able to swim themselves.
- Any object considered to be unsafe by the lifeguard staff will be prohibited.